

Talking Points

Calling Congress is easy! Just dial our toll-free number, enter your zip code, and you'll be connected to your Member of Congress's office. Take your advocacy to the next level and help us track our impact by logging in the results of your call above!

1. Just dial our toll free number, **(888) 398-8702** and listen to the pre-recorded message.
2. Connect to your first senator and enter your zip code. Once you are connected to your first Member of Congress, state that you are a constituent and give your name and the town you are calling from.
3. Let the office know you are calling about Child Nutrition Reauthorization.

Deliver this message:

As my Member of Congress, I urge you to protect and strengthen nutrition assistance programs like SNAP, school and summer meals, and other nutrition programs. Please protect these programs and pass a strong child nutrition bill that helps our children get adequate and nutritious food they need to build healthy bodies and strong minds.

Be sure to speak with both of your senators and your representative.

Spread the Word

Help us spread the word by sharing with your local networks and on social media!